



RHEINBURG-KLINIK
WALZENHAUSEN

MEDICAL CONCEPT

IN-PATIENT REHABILITATION

RHEINBURG-KLINIK WALZENHAUSEN

Clinic for acute in-patient neurological and orthopaedic rehabilitation

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RHEINBURG-KLINIK

General

Rheinburg-Klinik is a private clinic with 60 beds for acute in-patient neurological and orthopaedic rehabilitation. It runs a private department, a semi-private department and a general department. Rehabilitation is based on a coordinated, interdisciplinary, medical, therapeutic and nursing treatment concept. Rheinburg-Klinik is on the List of Hospitals for the local canton Appenzell Ausserrhoden as well as the Zürich hospital list. The clinic is hence licensed as a care provider, with costs charged to statutory healthcare insurance and to SUVA (national accident insurance fund) for patients from all Swiss cantons. Patients are admitted on a doctor's referral.

Indications for admission

Interdisciplinary investigation and treatment for patients with the following groups of diseases (indications):

- Cerebrovascular diseases (e.g. stroke)
- Chronic inflammatory diseases (e.g. multiple sclerosis) or degenerative diseases (e.g. Parkinson's disease) of the central nervous system
- Following neurosurgical operations
- Damage to the peripheral nervous system
- Neuromuscular diseases
- Brain tumours (whether or not patients have undergone surgery)
- Head injuries
- Cervical spinal injuries
- Spinal conditions (whether or not patients have undergone surgery)
- Joint damage (whether or not patients have undergone surgery)
- Damage to the musculoskeletal system following accidents

Interdisciplinary treatment concept

Rheinburg-Klinik has the necessary qualified staff and the infrastructure to deal with the indications listed above. The interdisciplinary rehabilitation team supports and assists patients with individually tailored therapies, advice, care and attention. Activities of daily living such as getting dressed, eating, etc. are also organised so that they have a therapeutic effect. In consultation with patients, the interdisciplinary rehabilitation team sets personal rehabilitation goals and draws up an appropriate treatment programme which is evaluated at periodic team meetings and adjusted, where necessary. Gradual improvement through daily therapies matched to individual capacity and goals as well as self-help advice are key elements of our treatment concept. The aim of rehabilitation is to promote the greatest possible independence and make it easier for patients to re-integrate into family, society and working life.

Specialist care

Rheinburg-Klinik has at its disposal doctors specialising in physical medicine and rehabilitation, rheumatology and neurology as well as consultants in radiology, orthopaedics, neurosurgery, internal medicine and psychiatry.



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Treatment services

Rheinburg-Klinik offers the following range of services:

- Active and passive physiotherapy (incl. orthopaedic surgeon)
- Occupational therapy, with brain-function training
- Speech therapy
- Facio-oral therapy
- Neuropsychology
- Clinical psychology
- Psychotherapy
- CIMT (Constraint Induced Movement Therapy)
- Climbing therapy
- Armeo (arm training)
- Acupuncture
- Back school
- Therapeutic nursing
- Activation therapy
- Treadmill training
- Botulinum toxin treatment
- Hydrotherapy
- Music therapy

Medical diagnostics

Laboratory: Routine tests can be done in the clinic's own laboratory. Special tests are performed in an external laboratory.

Imaging techniques: Conventional radiology and ultrasound/colour duplex can be performed in house. CT, MRI, etc. are done externally.

Electrophysiology: EMG, ENG and EEG are done in house.

Special services

- Welfare service
- Nutritional advice

BAT Training and Treatment

- Outpatient therapy (physiotherapy, occupational therapy, speech therapy, neuropsychology, clinical psychology)
- Training centre for continuing professional development of therapists and nurses, especially in the Bobath concept/Motor Learning
- Family rooms